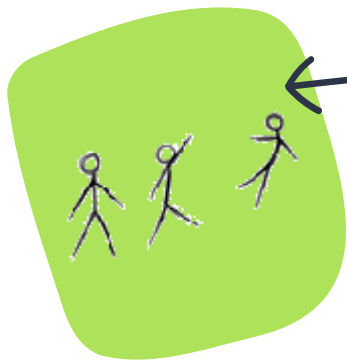




SOMETHING IN KENT

Annual Report
2023-2024



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OUR TRUSTEES



Mark Dent

CHAIR

Mark works as a SEN Teacher at a pupil referral unit in Kent where he teaches students that have been excluded due to their behavioural disabilities. Mark is a qualified Judo Master and a keen biker



Claire Baldock

TREASURER

Claire is a Service Manager supporting volunteer recruitment within the NHS and also volunteers for the RSPCA and National Hedgehog Charity due to her love of animals



Vincent Jasper

SECRETARY

Vincent volunteers at a horticultural charity and has set up a community allotment to help older people with health issues. Vincent has a passion for music and loves playing the guitar.



Martin Grech

TRUSTEE

Following his roles as a Job Coach and Volunteer Co-ordinator for a charity Martin now teaches children with SEN at a local primary school and continues to volunteer locally.



INTO WORK – SPORTS – SOCIAL
DAY TRIPS – SUPPORT

The diagram consists of a hand-drawn dark blue rounded rectangle. On the left side, there is a solid green square. A dark blue arrow starts from the top right corner of the rectangle, curves around the top and left sides, and points towards the green square. Another dark blue arrow starts from the bottom right corner of the rectangle, curves around the bottom and left sides, and points towards the green square. The text is centered within the rectangle.

ROUND UP

INTO WORK



Summary:

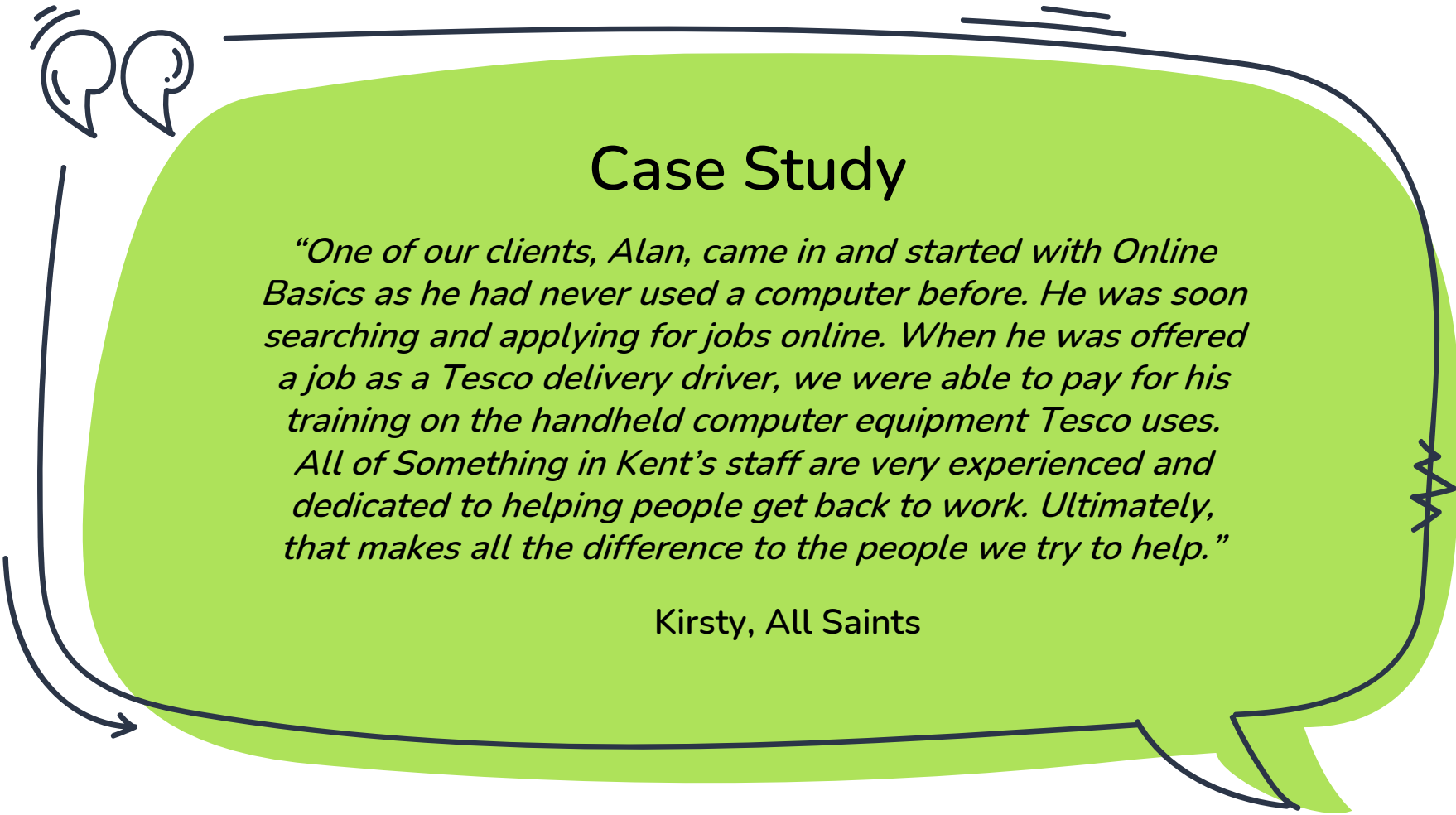
As part of our into work support we help people from across Kent and Medway to access one to one into work support, training and guidance to help them feel more confident looking for and finding work. We help with their job searching, volunteering opportunities, computer training and in accessing other training and support that will help them find that all important job.

Achievements:

In 2023-24 we helped 278 people search for work of which:

- 182 created or updated a CV and created a covering letter
- 278 created and were shown how to use a job search account
- 96 received basic computer skills training
- 162 were helped into new jobs and into volunteering
- 18 went on to complete further training





Case Study

“One of our clients, Alan, came in and started with Online Basics as he had never used a computer before. He was soon searching and applying for jobs online. When he was offered a job as a Tesco delivery driver, we were able to pay for his training on the handheld computer equipment Tesco uses. All of Something in Kent’s staff are very experienced and dedicated to helping people get back to work. Ultimately, that makes all the difference to the people we try to help.”

Kirsty, All Saints

SPORTS



Summary:

This year we have continued to deliver a programme of regular sports engagement activities to adults with learning and behavioural disabilities, young people who are NEET's, ethnic minorities, people suffering with long-term physical and mental health issues and those who were most isolated within their community to help make lasting positive differences to participants physical health.

Achievements:

In 2023-24 we helped 1,458 people take part in a range of sports:

- 1,398 took part in sports activities for the first time
- 829 took part in regular sports activities
- 908 took part in multiple sports opportunities
- 1,166 showed signs of improved health and well-being
- 16 became volunteers for the charity





Case Study

“Something in Kent has helped me so much by being there to listen to me and find out what support I really needed. As a recovering addict with ADHD and mental health issues the use of a free gym membership for me and my friend gave me motivation to get up in the morning and improve my physical health and mental well-being. They helped me apply for work and I was successful in finding employment for a delivery company thanks to the training, help and support that they gave me.”

Michael, Maidstone Resident

SOCIAL



Summary:

We supported adults with behavioral and learning disabilities and older people to reduce their isolation and make new friends by taking part in computing, board and card games, arts and craft sessions, cinema trips as well as other social activities. These activities have helped us to get to know the people we are supporting, help to build their trust with us and provide activities that have helped to improve their physical health and mental well-being.

Achievements:

In 2023-24 we improved 294 peoples health and well-being:

- 235 joined a new social group for the first time
- 160 adults used computers and improved their computer skills
- 134 adults took part in more than one social activity
- 147 made new friendships through the activities
- 265 showed signs of improved health and well-being





Case Study

"I was told by the local Job Centre to go and get some extra help on the computer to help with my job searching and with other tasks. I have achieved better computer skills, and have been shown how to go on to other websites and look for jobs. The staff were all very caring and kind and patient and the atmosphere is relaxing and friendly and the Social Group has really allowed me to build my confidence and help me feel less isolated from the world. Thanks to all of their help I have managed to go to two interviews and actually got offered a job as a Night Operative at a local bakery."

Stephen, Sheerness Resident

DAY TRIPS



Summary:

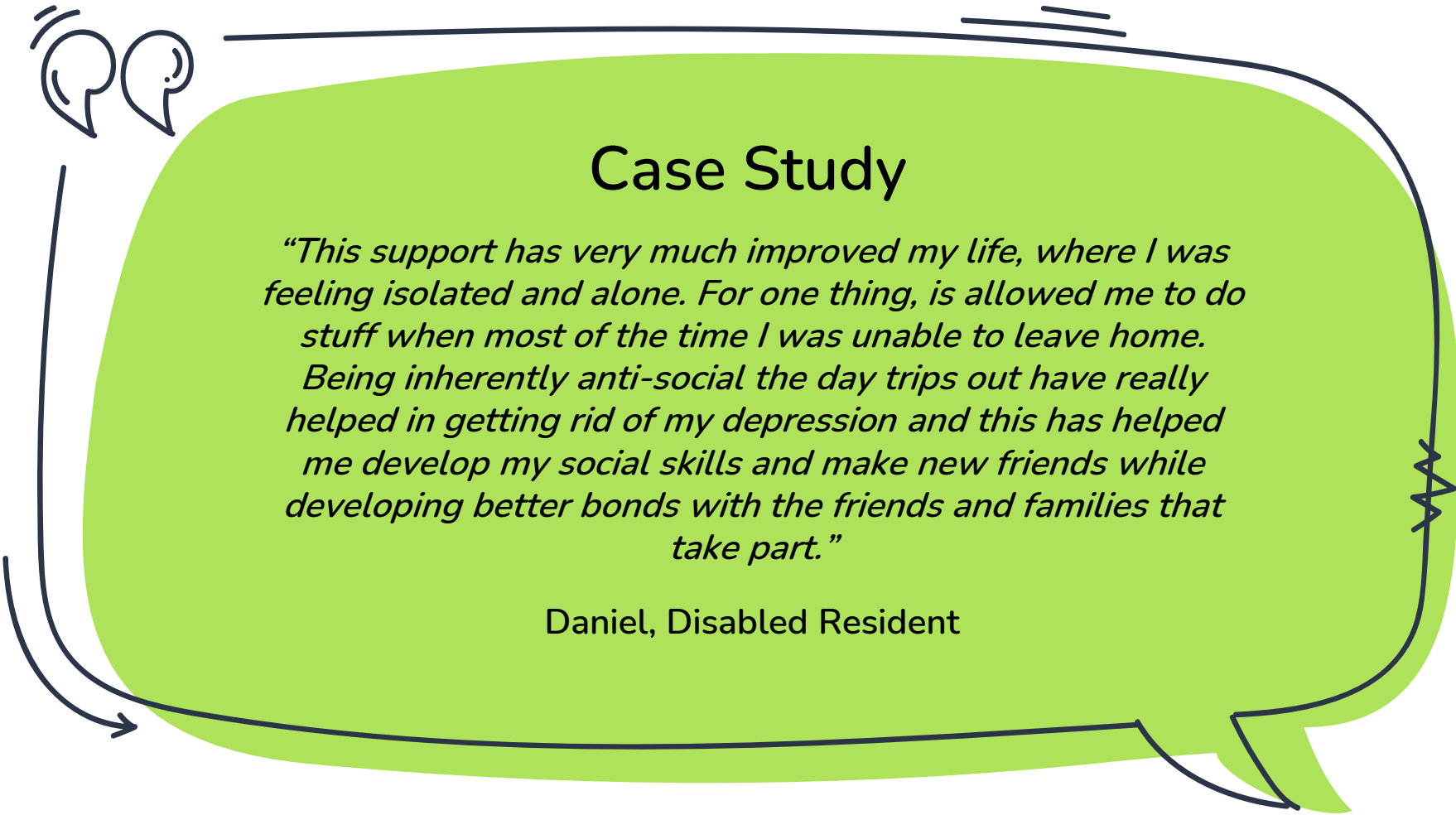
We support adults with disabilities, older people and those suffering with long-term health conditions to reduce their isolation and make new friends by taking part in day trips to different places across Kent. These day trips allow us to take new people, to new places to take part in activities they would not normally be able to take part in. They are supported by our volunteers to attend the trips and are supported throughout the trips to make the most out of their day.

Achievements:

In 2023-24 we improved 472 peoples health and well-being:

- 64 went on day trips to theme parks
- 128 went on trips to zoos and animal parks
- 280 went on trips to beaches, park and other greenspaces
- 16 volunteers were engaged to support the activities
- 472 people said they really enjoyed their days out





Case Study

"This support has very much improved my life, where I was feeling isolated and alone. For one thing, is allowed me to do stuff when most of the time I was unable to leave home. Being inherently anti-social the day trips out have really helped in getting rid of my depression and this has helped me develop my social skills and make new friends while developing better bonds with the friends and families that take part."

Daniel, Disabled Resident

SUPPORT



Summary:

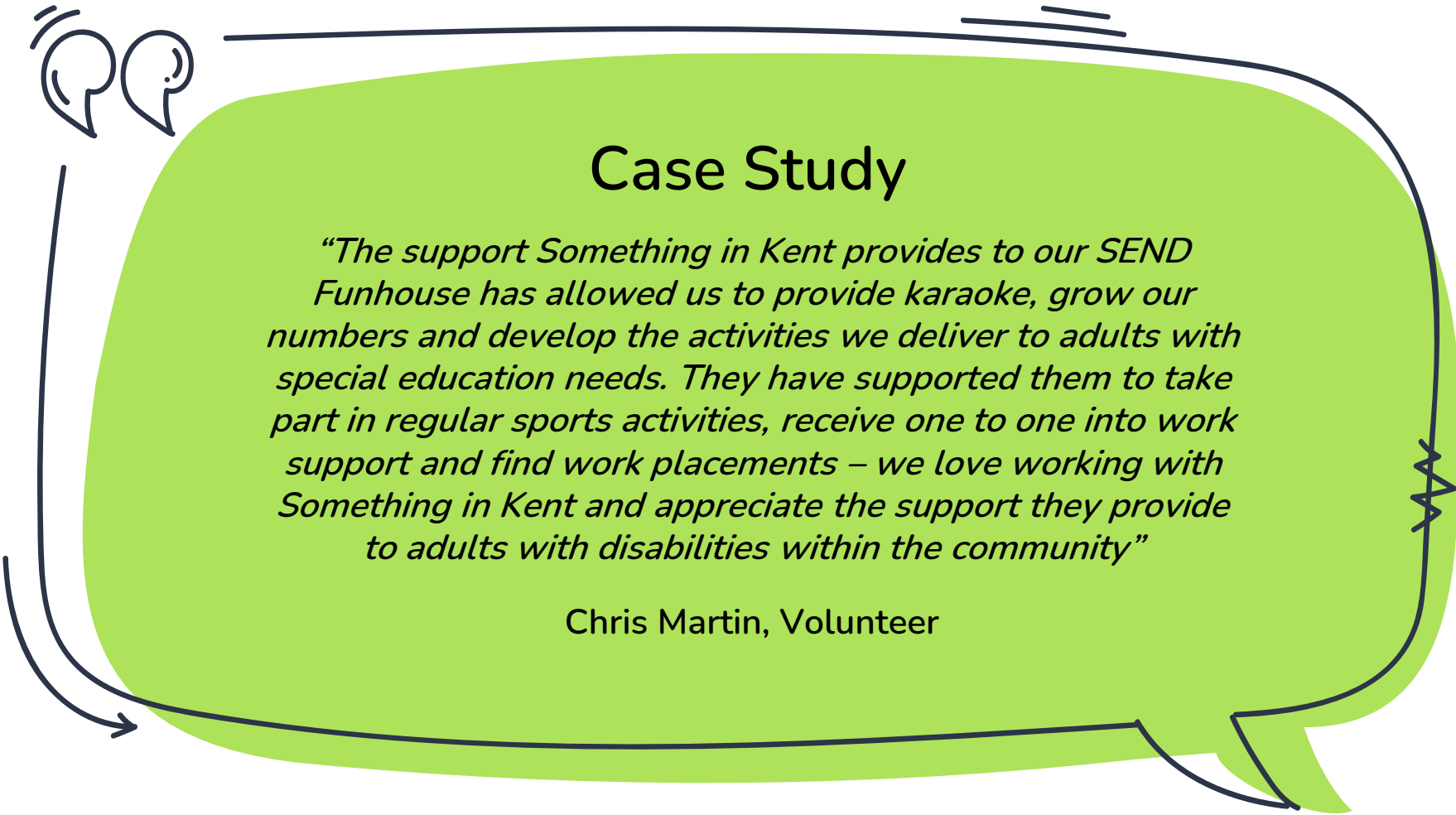
Something in Kent also provides support to charities across Kent. We help these organisations to build their capacity and become more financially sustainable supporting them with their funding applications, monitoring reports and case studies, fundraising strategies, policy development, staff and volunteer training, volunteer recruitment and outreach activities to engage new beneficiaries that they want to help within the communities they work across.

Achievements:

In 2023-24 we helped build the capacity of 6 local charities:

- 6 organisations received fundraising advice and support
- 18 staff were trained in fundraising and other areas
- 24 volunteers were given work placements through the charity
- 6 organisations were supported to create or update policies
- £296,604 funding was brought in to the charity sector





Case Study

“The support Something in Kent provides to our SEND Funhouse has allowed us to provide karaoke, grow our numbers and develop the activities we deliver to adults with special education needs. They have supported them to take part in regular sports activities, receive one to one into work support and find work placements – we love working with Something in Kent and appreciate the support they provide to adults with disabilities within the community”

Chris Martin, Volunteer



A hand-drawn diagram featuring a large, light green rounded rectangle on the left side. A dark blue line starts from the top of this rectangle, curves upwards and to the right, then curves downwards and to the right, ending in an arrowhead pointing towards the bottom right. A small wavy line is drawn above the top curve of this line. The word "FUNDERS" is written in a dark blue, hand-drawn font in the center of the diagram. Below the word, the text "All the help we provide would not be possible without our volunteers and the charitable trusts and organisations that fund our work..." is written in a green, hand-drawn font. The entire text is enclosed within a dark blue hand-drawn border that has a small circle at the top left and an arrowhead at the bottom right.

FUNDERS

All the help we provide would not be possible without our volunteers and the charitable trusts and organisations that fund our work...

THANK YOU...





CONTACT US

If you would like to know more about
our activities please visit:

www.somethinginkent.com

www.facebook.com/somethinginkent