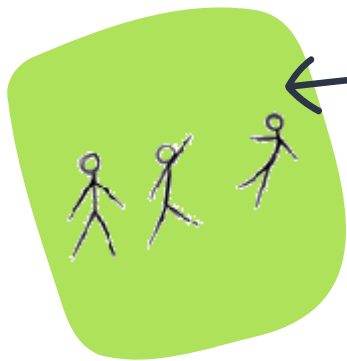




SOMETHING IN KENT

Annual Report
2024-2025



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OUR TRUSTEES



Mark Dent

CHAIR

Mark works as a SEN Teacher at a pupil referral unit in Kent where he teaches students that have been excluded due to their behavioural disabilities. Mark is a qualified Judo Master and a keen biker



Vincent Jasper

TREASURER

Vincent volunteers at a horticultural charity and has set up a community allotment to help older people with health issues. Vincent has a passion for music and loves playing the guitar.



Martin Grech

SECRETARY

Following his roles as a Job Coach and Volunteer Coordinator for a charity Martin now teaches children with SEN at a local primary school and continues to volunteer locally.



David Standen

TRUSTEE

Dave has worked as a retail assistant for John Lewis in a for over 20 years and contributes his unique perspective and ideas, driven by his personal experience with the charity.



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INTO WORK – SPORTS
SOCIAL – SUPPORT
ROUND UP

INTO WORK



Summary:

As part of our into work support we help people from across Kent and Medway to access one to one into work support, training and guidance to help them feel more confident looking for and finding work. We help with their job searching, volunteering opportunities, computer training and in accessing other training and support that will help them find that all important job.

Achievements:

In 2024-25 we helped 205 people search for work of which:

- 83 created or updated a CV and created a covering letter
- 205 created and were shown how to use a job search account
- 103 received basic computer skills training
- 147 were helped into new jobs and into volunteering
- 20 went on to complete further training





Case Study

“The Support Workers really understood the issues I had trying to get in to work again. They have supported me at a social club and with a work placement that I now attend as well as providing training to help develop my skills whilst I was volunteering. This has allowed me to improve my skills and meet new people helping to improve my mental health and reduce my anxiety to getting back in to work – I now feel less lonely and have made new friends through the support activities I have received. They have really helped me to feel good about myself again thank you Something in Kent.”

George, Disabled Resident

SPORTS



Summary:

This year we have continued to deliver a programme of regular sports activities to adults with learning and behavioural disabilities, young people who are NEET's, ethnic minorities and people suffering with long-term physical and mental health issues. The aim was to support those who were most isolated within their community to make lasting positive differences to participants physical health and increase their engagement in different sports activities.

Achievements:

In 2024-25 we helped 2,256 people take part in a range of sports:

- 2,030 took part in sports activities for the first time
- 1,579 took part in regular sports activities
- 1,805 took part in multiple sports opportunities
- 1,918 showed signs of improved health and well-being
- 64 supported the charity as volunteers





Case Study

"The staff at Something in Kent were friendly, listened to my story and supported me in a non-judgmental way. They were understanding and supportive about my past addiction and I really felt like they listened to me and understood the support I needed at that time in my life to help me overcome the issues I was facing. Their support gave me a reason to get up in the morning, to feel motivated and start getting my life back on track. They were there for me and supported me with every step of my journey whilst giving me the space and time to achieve what I needed to – I can't thank them enough for the support they provided."

Michael, Local Resident

SOCIAL



Summary:

We supported adults with behavioral and learning disabilities, older people and people with long-term health conditions to reduce their isolation and make new friends by taking part in computing, board and card games, film nights, day trips and other social activities. These activities allowed us to take new people, to new places to take part in activities they would not normally be able to take part in helping to improve their physical health and mental well-being.

Achievements:

In 2024-25 we improved 1,966 peoples health and well-being:

- 1,192 joined a new social group for the first time
- 743 adults took part in more than one social activity
- 372 made new friendships through the activities
- 1,337 showed signs of improved health and well-being
- 480 went on day trips to a zoo, castle, park or beach





Case Study

“At a time when I was at my lowest both physically and mentally I could not have received any more support from the staff and volunteers at Something in Kent. They were a shoulder to cry on and a great support in helping me to take control of my life again after it all came crashing down around me – I honestly did not know where to turn and how I could get out of the situation I found myself in. My life has turned around and I am now feeling more confident and excited about what the future holds for me and my family.

There is still along way to go but I am grateful for the support they provided to me and continue to provide – thank you so much”

Anneke, Single Mum

SUPPORT



Summary:

Something in Kent also provides support to charities across Kent. We help these organisations to build their capacity and become more financially sustainable supporting them with their funding applications, monitoring reports and case studies, fundraising strategies, policy development, staff and volunteer training, volunteer recruitment and outreach activities to engage new beneficiaries that they want to help within the communities they work across.

Achievements:

In 2024-25 we helped build the capacity of 4 local charities:

- 4 organisations received fundraising advice and support
- 12 staff were trained in fundraising and other areas
- 114 volunteers were given work opportunities
- 4 organisations were supported to create or update policies
- £150,862 funding was brought into the charity sector



FINANCES

Income	Amount		Expenditure	Amount
Grants	£86,388		Staff Costs	£46,800
Donations	£8,747		Travel & Parking	£4,673
Fundraising	£926		Activities & Eqptment	£17,963
			Fundraising	£17,386
			Room Hire & Utilities	£8,874
			Office & Other	£2,915
Total	£96,061		Total	£98,611



FUNDERS

All the help we provide would not be possible without our volunteers and the charitable trusts and organisations that fund our work...

THANK YOU...



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CONTACT US

If you would like to know more about
any of our activities please visit:

www.somethinginkent.com

www.facebook.com/somethinginkent