



SOMETHING IN KENT

Annual Report
2025-2026



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OUR TRUSTEES



Mark Dent
CHAIR

Mark works as a SEN Teacher at a pupil referral unit in Kent where he teaches students that have been excluded due to their behavioural disabilities. Mark is a qualified Judo Master and a keen biker.



Vincent Jasper
TREASURER

Vincent volunteers at a horticultural charity and has set up a community allotment to help older people with health issues. Vincent has a passion for music and loves playing the guitar.



Martin Grech
SECRETARY

Following his roles as a Job Coach and Volunteer Coordinator for a charity Martin now teaches children with SEN at a local primary school and continues to volunteer locally.



David Standen
TRUSTEE

Dave has worked as a retail assistant for John Lewis in a for over 20 years and contributes his unique perspective and ideas, driven by his personal experience with the charity.

INTO WORK



Summary:

As part of our into work support we help people from across Kent and Medway to access one to one into work support, training and guidance to help them feel more confident looking for and finding work. We help with their job searching, volunteering opportunities, computer training and in accessing other training and support that will help them find that all important job.

Achievements:

In 2025-26 we helped 209 people search for work of which:

- 151 created or updated a CV and created a covering letter
- 167 created and were shown how to use a job search account
- 88 received basic computer skills training
- 137 were helped into new jobs and into volunteering
- 28 went on to complete further training



SPORTS



Summary:

This year we have continued to deliver a programme of regular sports activities to adults with learning and behavioural disabilities, young people who are NEET's, ethnic minorities and people suffering with long-term physical and mental health issues. The aim was to support those who were most isolated within their community to make lasting positive differences to participants physical health and increase their engagement in different sports activities.

Achievements:

In 2025-26 we helped 3,408 people take part in a range of sports:

- 2,444 took part in a sports activities for the first time
- 1,980 took part in regular sports activities
- 2,328 took part in multiple sports opportunities
- 2,676 showed signs of improved health and well-being
- 258 sports sessions delivered



SOCIAL



Summary:

We supported adults with behavioral and learning disabilities, older people and people with long-term health conditions to reduce their isolation and make new friends by taking part in computing, board and card games, film nights, day trips and other social activities. These activities allowed us to take new people, to new places to take part in activities they would not normally be able to take part in helping to improve their physical health and mental well-being.

Achievements:

In 2025-26 we improved 1,740 peoples health and well-being:

- 1,208 joined a new social group for the first time
- 1,633 adults took part in more than one social activity
- 1,474 made new friendships through the activities
- 1,740 showed signs of improved health and well-being
- 1,101 went on day trips to a zoo, castle, park or beach





Case Study

"I could not have survived without the support of the charity, the Support Workers guidance and the network of people that have supported me. I was in a place where I felt nobody was listening to me and I had nowhere to turn and no one to talk to. Without them I do not think I would still be here today – they saved my life! I am now receiving the support I need and starting to turn my life around, I know it's going to be a long road to recovery but I know that with their continued support I am one step closer to feeling normal again. Their support has been fundamental to helping in my recovery and I see the work they do for other people is just as amazing as it was for me."

Phoebe, Local Resident



SUPPORT



Summary:

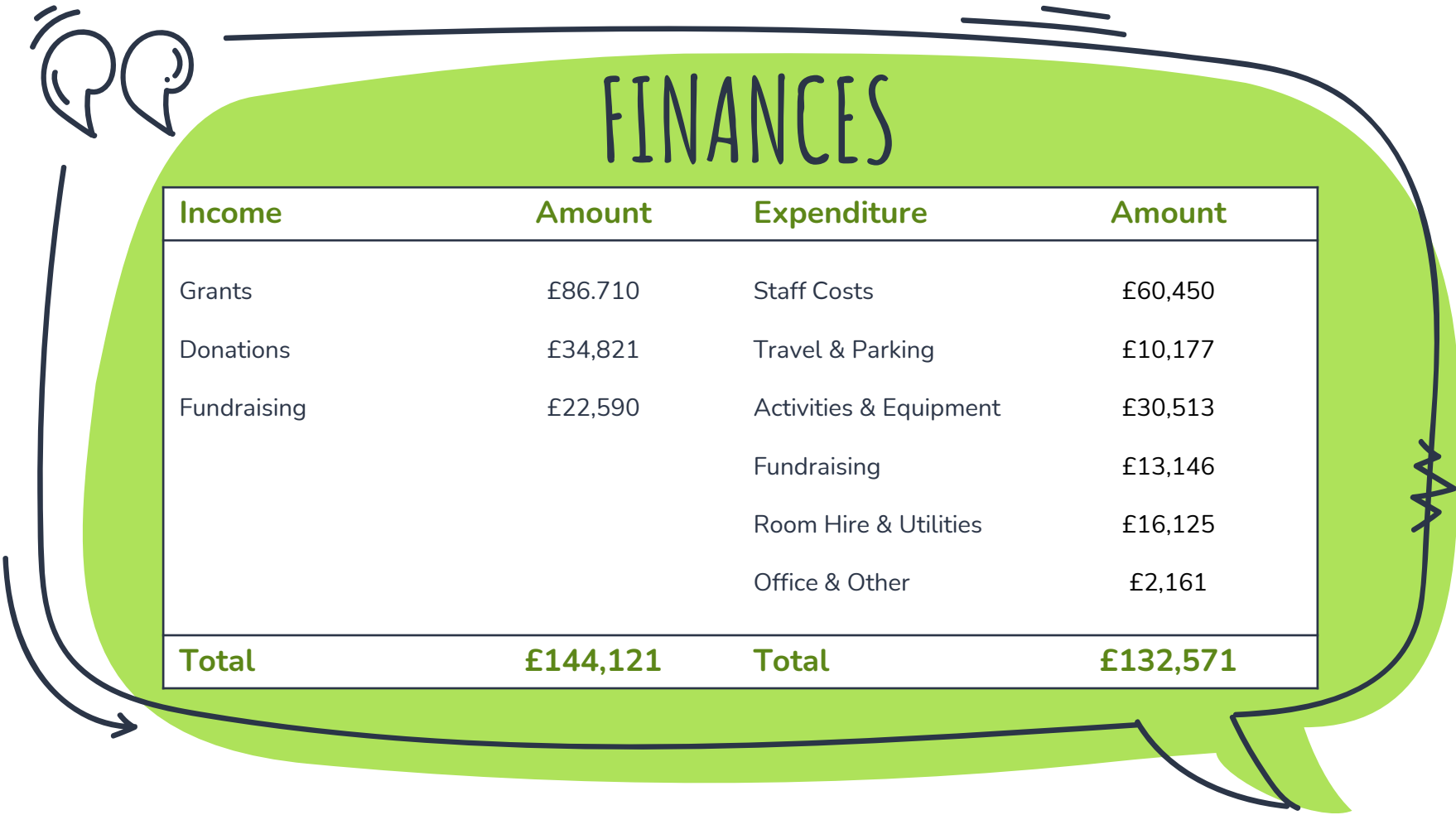
Something in Kent also provides support to charities across Kent. We help these organisations to build their capacity and become more financially sustainable supporting them with their funding applications, monitoring reports and case studies, fundraising strategies, policy development, staff and volunteer training, volunteer recruitment and outreach activities to engage new beneficiaries that they want to help within the communities they work across.

Achievements:

In 2025-26 we helped build the capacity of 6 local charities:

- 6 organisations received fundraising advice and support
- 18 staff were trained in fundraising and other areas
- 126 volunteers were given work opportunities
- 6 organisations were supported to create or update policies
- £154,300 funding was brought into the charity sector





FINANCES

Income	Amount	Expenditure	Amount
Grants	£86,710	Staff Costs	£60,450
Donations	£34,821	Travel & Parking	£10,177
Fundraising	£22,590	Activities & Equipment	£30,513
		Fundraising	£13,146
		Room Hire & Utilities	£16,125
		Office & Other	£2,161
Total	£144,121	Total	£132,571



FUNDERS

All the help we provide would not be possible without our volunteers and the charitable trusts and organisations that fund our work...

THANK YOU...



A hand-drawn dark blue frame with a wavy top line and a curved bottom line ending in an arrow. A green blob is attached to the top-left corner with a small arrow pointing to it.

CONTACT US

If you would like to know more about
any of our activities please visit:

www.somethinginkent.com

www.facebook.com/somethinginkent